



Louisiana HOSA

“HOSA: The Hearts That Believe and the Hands That Achieve”

MAY 2011

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www.hosa.org

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Louisiana State HOSA

President's Pen



Hi!

Well, the time has come everyone. I would like to congratulate all of the 2011 graduates! This term as Health Occupations Students of America President of Louisiana has been enjoyable. I appreciate all of the hard work and dedication put into HOSA by all of the advisors, students, and volunteers that have helped make this year an accomplishment. Without all of you I would not have been a successful president. I would like to especially thank Mrs. Bender for the countless

hours of work that she puts in to making HOSA possible for the state of Louisiana. No worries though, even though my term is over I will not cease to exist! I hope to still be involved next year, even though there is not currently a chapter at Louisiana State University where I will be attending school in the fall. I feel though that I am leaving the position as President in very capable hands. I know Rebecca will do a great job. Thank you all!

-Sarah

Hi!

It is that time of the year again: summer time! Along with summer comes warm weather, way more free time, and the National HOSA Conference! If you have not been studying or preparing, now is a great time to get started. We want to show all those other states what Louisiana has to offer! I hope to see you at nationals!

Remember to look for summer editions of the State Newsletter. If you have any questions or comments, please post them on our new Louisiana State HOSA page on Facebook.

Have a great and safe summer!
Rebecca Stanley
State President 2011-2012



Excitement is Building!!

We are getting closer to the trip to Anaheim, California, for the National Leadership Convention (NLC) in June!! We now know that 62 students and chaperones from Louisiana will be attending the NLC!!! This is the most people Louisiana HOSA has ever sent to Nationals!!! We are extremely proud of our representation at the NLC! Our students have worked hard and are a great representation of the people of Louisiana.



The students attending will be competing in the following categories: Forensic Medicine, Prepared Speaking, Veterinary Assisting, Sports Medicine, Medical Math, CPR/First Aid, Career Health Display, Job Seeking Skills, Medical Spelling, Knowledge test: Concepts of Health Care, Extemporaneous Writing, Extemporaneous Health Poster, Medical Terminology, Medical Photography, EMT, Public Service Announcement, and Nursing Assisting.



Also this year, we have chapters and students who are being recognized for Outstanding HOSA Chapter, Outstanding State Leader, National Recognition Program, Chapter Newsletter, and HOSA Week. Students in these categories will have their materials on display during the HOSA Showcase, and be able to share their activities with students and advisors from all across the country!

In addition to competitions, students will attend HOSA Universities to gain better leadership and communication skills. Students will also participate in symposiums and interact with HOSA members from all over the United States!

We wish the best of luck to the students in their events! Our next newsletter will be a little later in June so we can report the results of Nationals and share pictures!



34TH ANNUAL NATIONAL LEADERSHIP CONFERENCE
WE ARE HOSA: FUTURE HEALTH PROFESSIONALS
2010-2011

" HOSA: Leaders of Today, Professionals of Tomorrow "

What's Your Number?



If you don't have high blood pressure, you probably know someone who does. HHS' Agency for Healthcare Research and Quality says its survey data show about one quarter of adults have it. AHRQ also says about three quarters of them were overweight, obese or morbidly obese, while only 15 percent of adults with normal weight had high blood pressure.

There are ways to prevent high blood pressure, or to help to control it if you have it. AHRQ's director, Dr. Carolyn Clancy:

"AHRQ data show adults who exercise vigorously for 30 minutes or more at least three times a week are one third less likely to have high blood pressure.'

'And, she says, you can see your health care provider. Many people who have high blood pressure don't know it.

Learn more at hhs.gov.

Have a Great Summer!!

This has been a great year for Louisiana HOSA!! We have seen some fantastic growth, and for me personally, I have met and worked with some awesome students and teachers! I feel blessed to have met and worked with all of you. I want to thank all of you for your enthusiasm and support this year. You make Louisiana HOSA the great and growing organization that it is.

I look forward to everyone's involvement next year as you make Louisiana HOSA even greater! Have a wonderful, fun, and relaxing summer! See you in the Fall!!!

Shirlene Bender

State Advisor

To Sarah, Brittney, Natasha, & Morgan:

Thank you for all your hard work this year! I have appreciated your efforts more than you know. You have helped to mold Louisiana HOSA into a fantastic organization!

I congratulate you on your high school graduation, and I know you have bright futures.

I look forward to continuing to work with you in the coming year!

Thank you!
Ms. Shirlene



Upcoming Events

- | | |
|-----------------|--|
| June 22-25 | National Leadership Conference
Anaheim, CA |
| September | Membership Drive |
| September 17-20 | Washington Leadership Conference
(State Officers) |
| October 2011 | Fall Leadership Conference
Lafayette, (Date/Location TBA) |
| November 6-12 | HOSA Week |

Welcome New Chapters & Members!!

Watch for new members and chapters in future issues!

Coming next year...Middle School Division!!

If you are planning to attend UL at Lafayette, be sure to join HOSA there. Contact Brittney Bradford for details: bradford.hosa@gmail.com

If you are attending other universities or post-secondary schools...let's get HOSA started there!

Funny Stuff



9-1-1

Shortly after the 911 emergency number became available, an elderly and quite ill lady appeared in Rochester hospital emergency room, having driven herself to the hospital and barely managing to stagger in from the parking lot. The horrified nurse said,

"Why didn't you call the 911 number and get an ambulance?"

The lady said, "My phone doesn't have an eleven."



Are You a Graduating Senior?

Sign up as an Alumni Member of HOSA!!!

Alumni membership is FREE!! Go to the HOSA website, www.HOSA.org and click on the red box that says "Alumni Membership." Then fill in the form,

listing Shirlene Bender, or one of the State officers as the Recruitment Referral.

As an alumni member, you may be asked to come back to your high school to talk, or to attend and help at one of the state conferences.

You will also be asked to judge an event or two at the State Leadership Conference!

This is your opportunity to stay involved with HOSA and be able to give back to a great and growing organization!

The mission of SWLAHEC is to improve health status through access to information, education and health services.



Southwest Louisiana AHEC
103 Independence Blvd.
Lafayette LA 70506
337-989-0001
(800)435-AHEC
Fax: 337-989-1401

What's happening in YOUR chapter? Send us stories of events and amazing happenings. We want to share with others, the great work of Louisiana HOSA!!

Send news, questions, or comments to:
Shirlene Bender, State Advisor
Ph: 337-989-0001 Fax: 337-989-1401