

# Louisiana HOSA

HOSA: Saving the World, One Germ at a Time.

~ Comeaux High School



## President's Pen



Hello HOSA members!

School is now beginning again and it is farewell to summer. It will surely be missed, however, this upcoming school year and HOSA year is one to really look forward to! You might be thinking, "I am going to work harder this school year," or "No more procrastinating," but instead of just saying those things, turn those words into actions. Any person can say he/she will do better, but only the strongest will actually do it. "Be miserable. Or motivate yourself. Whatever has to be done, it's always your choice." – *Wayne Dyer*. Nothing comes easy and the harder you work, the more you can accomplish. And as future health professionals, only with hard work and self-motivation can we actually *become* health professionals.

Yours truly,

**Melissa Lam**

*Louisiana HOSA State President*

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*"It is during our darkest moments that we must  
focus to see the light"*

*-Aristotle Onassis*

# A Major Multitasker!



Wouldn't you think it would be tough to juggle two jobs in one? I know it would be for me! However, I know one special lady who can. Mrs. Alaina Paine is the Assumption High School HOSA chapter advisor, plus she teaches Medical Terminology, Intro to Health Occupations, and CNA. She manages to keep our Chapter together and uses her skills and knowledge as an RN to really give her students, in all her classes, useful information and great health career opportunities. Mrs. Paine said, "I love my job. The hardest part would have to be to keep up with the curriculum and to try and use my RN degree to offer students as many health care programs and opportunities as I can." She is definitely the best multitasker I know, and has shown me that with a degree in the health care field, you can do anything!

**Whitney Veron**

Are you ready for Fall  
Forum 2013?

Hey fellow HOSA members!

Are you excited for the Fall Forum? You should be because it is only about a month and half away. This will be our first important gathering with all of our Louisiana HOSA family. The date is October 3rd, in Alexandria. Fall Forum, organized and run by the state officers, will host a variety of speakers. It will also include great fun and important activities, which will inform and prepare members for the State Leadership Conference. Hopefully everyone had a great summer, and is having a great beginning to this school year. We can't wait to see all of you at the Fall Forum 2013!!

Link to HOSA Official Uniform:

**Taseen Karim**

[http://www.hosa.org/nlc/hosa\\_uniform.pdf](http://www.hosa.org/nlc/hosa_uniform.pdf)

# I FOUND THIS



Yesterday I accidentally swallowed some food coloring. The doctor says I'm OK, but I feel like I've dyed a little inside.

A doctor who fell on his funny bone had a nurse tell him it was a humerus incident.

There was an eye doctor who wanted to re-locate but couldn't find a job because he didn't have enough contacts.

Julie Nguyen



**Have a  
great  
School year!**

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