



Louisiana HOSA

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INSIDE THIS ISSUE:

Note from the President 1

Meet Your State Officers 2

Louisiana at Nationals 3

Outstanding Chapter Advisor 4

NLC Pics 4

Calendar 5

Contact Info 5

Check out
HOSA:

www.hosa.org



HOSA: the hearts that believe and the hands that achieve"

Welcome to the first edition of the Louisiana HOSA newsletter!

Each month you can receive this newsletter and get information about what's happening in HOSA nationwide and in the Louisiana Chapters. We will feature new chapters, state advisors, and most of all, the accomplishments of **YOU**, the members! Your state President, Sarah Featherston, will be writing something of interest each month. In addition, we will write interesting health facts and news.

Write to us and tell us what is happening in your HOSA chapter. What are you doing to raise funds to pay for conferences? What new things are you learning in your Health Science program? Have you taken interesting field trips or had great speakers? (Send us pictures of members in action.) Have any members of your chapter received any awards at school or in the community? Who are the new members in your chapter? Who are your chapter officers? Do you have a picture of them? Anyone having a birthday next month?

This is your newsletter, let us know what you would like to hear about! Email us to let us know you would like to receive the monthly HOSA e-newsletter. .

President's Pen

Hello everyone!

Are you ready for another great year of HOSA? As this upcoming years president I plan on increasing membership, but this feat cannot be done single-handedly. This past summer at the HOSA National Leadership Conference I was invited on stage to receive an award for Louisiana's increased membership, but this year we want to do even better! Don't forget to invite friends around school to meetings. Also, I feel that it is very important as future health care professionals to raise awareness in our communities about programs such as ours; let's work together to achieve these goals to better our organization. I can't wait to fulfill my duties as your HOSA president while working with all of you as we accomplish all of our goals as Health Occupation Students of America.

- Sarah Featherston

Meet Your Louisiana State HOSA Officers

Sarah Featherston feels that her great leadership qualities, work ethic, and punctuality will help as her role of President. As president Sarah hopes to accomplish many things in HOSA such as raising awareness of Autism, engage in more community service so that the community will learn who and what HOSA is, and to have a more personal relationship with other clubs to increase attendance at conferences. Sarah has served as past HOSA Secretary of her chapter, has served on the Executive Board for Lafayette H.S. Key Cub, and has been President of a local 4-H club. Sarah is actively involved in Lafayette High School's clubs, swim team, and organizations that have taught her discipline and leadership, which will help in her future plans of becoming a pediatrician.

Caroline Montalbano has a true passion for HOSA. Serving as Vice President, Caroline has many goals for this year including making students aware of Autism, becoming a better public speaker, and tackling teen confidence issues. Caroline has participated in HOSA Emergency Medical Technician, First Aid, and CPR events. These experiences have confirmed the thought to Caroline that she would like to become a paramedic for Acadian Ambulance one day.

Brittney Bradford wants to make a difference and influence others in a positive way through HOSA. As Secretary, Brittney would like to accomplish four goals by doing service projects, more interactions between officers and members within different chapters, enhancing the quality of the state conference, and increasing HOSA membership. Brittney has had a 4.0 GPA her entire high school career which will help her through her college career since she would like to become an emergency physician.

Natasha Barnhill loves photography and making aesthetically pleasing presentations, which is why she is serving as Historian. Natasha cares about HOSA and wants to be a part of the important decision making. As Captain of her high school's volleyball team, Natasha already knows what leadership is about. She has also studied medical terminology and pathophysiology in HOSA which will help in her overall career goal of becoming an orthopedic surgeon.

Morgan Pellegrin would like to lead Louisiana HOSA to a successfully year as Reporter. Morgan has set four goals she would like to accomplish as Reporter which would allow her to be on HOSA National Service Project "Autism Speaks", create a great HOSA atmosphere in her high school, portray the true meaning of working together as a team, and have a successful last year of being in HOSA. Morgan's proudest moment has been playing on the prestigious stage, Carnegie Hall in New York City with her band, which has taught her self determination that she knows will benefit her in achieving her career goal of becoming a pediatric oncologist.



Left to Right:

**Caroline Montalbano,
Brittney Bradford,
Natasha Barnhill,
Sarah Featherston**

Not Pictured:

Morgan Pellegrin



Louisiana HOSA Wins Big at Nationals



Morgan and Graham show their awards!

2010 was a great year for Louisiana at the National HOSA Leadership Conference (NLC) held in Orlando in June!!

Two Louisiana HOSA members placed in their competitions: both Morgan Mills and Graham Beduze, students at Comeaux High School in Lafayette, placed in the competitive event of Extemporaneous Speaking. Of the approximately 80 students competing in this event from all over the United States and Puerto Rico, Morgan placed 2nd and Graham placed 9th! GREAT GOING, GUYS!!! We are all really proud of you!! You represented your school and Louisiana very well!! Other members attending the NLC were: (from Comeaux High School, Lafayette) Brittney Bradford, Caroline Montalbano,

Marie Yokum, and Chapter Advisor Mrs. Lisa Ranney. (from Lafayette High School, Lafayette) Natasha Barnhill, Caroline Berry, Tyler Bienvenue, Kallie Trahan, Ashley Buford, Claire Comeaux, Yesmar Davis, Taylor Dugas, Sarah Featherston, Diana Huynh, Breonna Simon, Chapter Advisor Stacy Thibodeaux, and family members Ruby Thibodeaux and Sheri Bienvenue. Also attending were State Advisor Shirlene Bender, and family member Shirley Solis.

Louisiana members also competed in the following events: CPR/First Aid, Extemporaneous Writing, Creative Problem Solving, Medical Terminology, Medical Spelling, and Medical Math.

Students also enjoyed some free time visiting the Disney attractions such as Disney World, Disney Village, Universal Studios, Animal Kingdom, and Epcot.

2009-2010 Outstanding Chapter Advisor

Each year every state chooses a chapter advisor who stands out. Although each advisor stands out in some way, only one can be chosen to receive the national award at the NLC. For the 2009-2010 year, the outstanding Louisiana Chapter Advisor award went to:

Mrs. Stacy Thibodeaux

Lafayette High School!!

"Ms. Thib," as her students fondly call her, is the Director of the Health Academy at

Lafayette H.S., and also teaches Health Science II, Pathophysiology, and Medical Terminology. In addition, she serves on committees, boards, and **ALL** while she & her husband are raising 3 small children! When asked, her students will tell you how great she is and can go on and on about her deeds. Congratulations Mrs. Thibodeaux!!



Attendees at the 2010 NLC in Orlando, Florida.



Students get into the spirit of the conference!!

2010 National Leadership Conference



If your actions inspire others to dream more, learn more, do more, and become more, you are a leader.

-John Quincy Adams

President Sarah Featherston and State Advisor Shirlene Bender display three awards earned by Louisiana HOSA.

Louisiana had the second highest percent growth in membership of all the states, with a growth of 184%. In addition, Louisiana had the HIGHEST growth percent in our region!

Thanks to all of you, National HOSA and the other states know that great things are happening in Louisiana HOSA!!



Join Us on Facebook!

Fall Leadership Conference

The 2010 Fall Leadership Conference will be held on Tuesday, October 5th at the National EMS Academy in Lafayette .

This year's conference will be packed with career information from numerous health professionals. We don't want to let the cat out of the bag, but let's just say, "You will love the entire day!!"

In addition to the exciting activities, you will receive information about this year's 55 competitive events being offered, vote on new t-shirt designs, pin designs, and much more!

Start your fundraising now to attend this exciting one-day conference!

Funny Stuff

"I finally quit
smoking by using
the patch.
I put six of them
over my mouth!"



We Need Your Help!!

Design the 2011 Louisiana HOSA pin!! This pin will be used for trading at the 2011 National Leadership Conference to be held in Anaheim, California. HOSA members from all over the country covet these pins for their collection! Designs will be voted on at the Fall Conference on October 5th, 2010. The winning student will take the traveling trophy back to their school for display for one year. See your Chapter Advisor for design details, then submit entries to the State Advisor.

Design the Louisiana HOSA T-Shirt!! The shirts will be given to all Louisiana HOSA members at

2010-2011 National Service Project: Juvenile Diabetes Research Foundation

<http://www.jdrf.org/>

Upcoming Events

August	Applications are available for the Fall Leadership Conference
September 17	Applications & forms due for Fall Leadership Conference
October 5	Fall Leadership Conference, Lafayette
November 7-13	National HOSA Week

Send news, questions, or comments to: Shirlene Bender, State Advisor

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