

# **Louisiana HOSA**

**Chapter Success Guide** 

2019 - 2020



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### WELCOME FROM STATE PRESIDENT

### **Greetings Louisiana HOSA Members and Advisors!**

Welcome to the LA HOSA Advisor Summit on behalf of the Louisiana HOSA 2019-2020 State Officer Team! I am Najah Nicholas and it is a privilege to work alongside six astonishing State Officers and Ms. Bender to ensure the success of Louisiana HOSA.

Our May Officer Training Retreat consisted of developing a Program of Work, ideas for involvement and expansion of the chapters, planning for the State Leadership Conference, and much more. Overall, we are dedicated to enhancing the experience of our members through various means.

Here are a couple of important notes from us to help your chapter succeed:

- Stay up-to-date on all important information by frequently checking the Louisiana HOSA website at <a href="https://www.lahosa.org">www.lahosa.org</a>.
- Tag along on the LAHOSA Social Media pages by sharing your activities and liking the posts.
- Make sure your chapter presidents are caught up on the Regional Google Classroom that will be coming soon.
- Look out for updates on the international level as well.

None of this would be possible without the chapter advisors. We thank you for your hard work, dedication, and guidance that you provide to all of our members. The 2019-2020 State Officer Team invites you to an exciting, productive, and impactful year. We also look forward to meeting you all at several events throughout the year. If you have any questions, please feel free to contact me at <a href="mailto:najah.lahosa@gmail.com">najah.lahosa@gmail.com</a>.

I wish you all a year filled with success!

Kind Regards,

Najah Nicholas State President Louisiana HOSA





### **HOSA OVERVIEW**

HOSA - Future Health Professionals is the premier organization for student leaders pursuing careers in the healthcare industry. HOSA's two-fold mission is to promote career opportunities in health care and to enhance the delivery of quality health care to all people.

#### History, Size and Reach of HOSA

Founded in 1976, formerly as Health Occupations Students of America, HOSA - Future Health Professionals has over 244,000 members each year in over 5,000 secondary, middle school, and postsecondary/collegiate chapters across the nation.

#### **HOSA Endorsements**

HOSA is endorsed by the U.S. Department of Education, Louisiana Department of Education, the Health Science Education Division of the Association for Career and Technical Education, National Health Science Consortium, and over 50 other health-related partners and industry associations.

#### **HOSA** is Co-curricular

HOSA is a national organization that operates as an integral component of the health science education curriculum. Through its network of state and local chapters, HOSA provides powerful instructional tools, recognition, leadership, networking, scholarships, and connections to the healthcare industry to thousands of members across the U.S.

Through the HOSA Competitive Events Program members compete in teams or as individuals in over 70 different events related to all aspects of health care. HOSA integrates into the Health Science Education curriculum to develop and recognize smart, dedicated, and passionate future health professionals.

HOSA offers numerous health leadership conferences and professional development opportunities including the International Leadership Conference being held in Houston, TX next June; Washington Leadership Academy held in Washington, D.C.; Fall Forum in each Louisiana Region; and the Louisiana State Leadership Conference.

#### **HOSA Mission Statement**

The mission of HOSA is to empower HOSA-Future Health Professionals to become leaders in the global health community through education, collaboration, and experience.



### **HOSA Facts**

- HOSA is one of Louisiana's six Career Technical Student Organizations (CTSOs) along with National FFA Organization, Future Business Leaders of America (FBLA), DECA, SkillsUSA, and Family, Career and Community Leaders of America (FCCLA).
- Dr. Jim Koeninger is the National HOSA Executive Director.
- HOSA is the largest student organization in America concentrating 100% of its mission and programs on developing future health professionals and leaders.
- Nationwide there are over 244,000
  HOSA high school and college
  members. The U.S. Department of
  Education endorses HOSA with all
  state chapters endorsed by the State
  Department of Education.
- National HOSA conferences feature high profile speakers. Dr. Vivek Murthy, U.S. Surgeon General, was the keynote speaker at the 2016 HOSA International Leadership Conference 2018 International (ILC). The Leadership Conference featured the U.S. Surgeon General, Dr. Jerome Adams, as well as Dr. Rick Rigsby, known for empowering motivating audiences worldwide.
- Over 10,000 attendees are present at the National conference each year.
- Each year HOSA awards over \$400,000 at the national and state levels to deserving members.



Keynote speaker at the International Leadership Conference, Dr. Rick Rigsby

- National HOSA offers almost 60 healthcare industry endorsed competitive events. The competitive events program can be utilized throughout the academic year as an instructional resource.
- HOSA's Competitive Events Program includes four events specifically designed for students with disabilities.
- The U.S. Surgeon General's office hosts summer internships in Washington, D.C., for HOSA members annually.
- During the summer of 2012, National HOSA launched a new brand for HOSA to modernize the image, retain familiarity, and establish HOSA's identity worldwide.
- The 2018-2019 National Theme is "Define Your Purpose"



### **KEY CONTACT INFORMATION**

#### **LOUISIANA HOSA**

**HOSA State Charter Holder** 

Louisiana HOSA-Future Health Professionals PO Box 926 Carencro, LA 70520

#### **Louisiana HOSA Contact Information**

Shirlene Bender, State Advisor PO Box 926, Carencro, LA 70520

Phone: 337-371-5974

#### NATIONAL HOSA

#### **National HOSA Headquarters**

548 Silicon Drive, Suite 101, Southlake, TX 76092

Phone: (800) 321-HOSA (4672) | Fax: (972) 874-0063 | E-Mail: hosa@hosa.org

Website: www.hosa.org

#### **National HOSA Staff**

Dr. Jim Koeninger, Executive Director
Karen Koeninger, Deputy Executive Director
Laura Sheppard, Chief of Staff
Nancy Allen, Associate Director
Jeff Koeninger, Assistant Director
Tonya Loftis, Director of Finance
Bobby Crandall, Director of Technology
Bergen Morehouse, Director of Competitive Events
Jan Mould, Assistant Director of Competitive Events
Carie Staub, Assistant Director of Competitive Events
George Sifakis, Director, HOSA Washington, DC Office
Jason Koeninger, Software Architect

#### **HOSA Supply Service – Awards Unlimited**

Supplies all chapter materials, member emblematic supplies and official HOSA blazer

Phone: (800) 950-3553 Fax: (402) 474-3782 | Web: www.awardsunlimited.com



Supplies all chapter materials, member emblematic supplies and official HOSA blazer

### **SOCIAL MEDIA**



### **WEBSITES**

Louisiana HOSA: www.lahosa.org

National HOSA: www.hosa.org

### STATE OFFICER TEAM

**State President** 

Najah Nicholas

Email: najah.lahosa@gmail.com

**State President-elect** 

Macye Brown

Email: macye.lahosa@gmail.com

**Post-Secondary/Collegiate Vice President** 

Shriya Gaikwad

Email: shriya.lahosa@gmail.com

**Region 2 Vice-President** 

Chase LeBlanc

Email: chase.lahosa@gmail.com

**Region 3 Vice-President** 

Blaine Mack

Email: blaine.lahosa@gmail.com

Secretary

Marise Wilson

Email: marise.lahosa@gmail.com

Historian/Reporter

Sean Hightower

Email: sean.lahosa@gmail.com

Middle School Vice-President - Vacant Position Region 1 Vice-President - Vacant Position





### **KEY EVENTS AND DATES**

#### **Louisiana HOSA Chapter Advisor Summit**

Registration Fee: Complimentary

Don't miss out on the exciting Advisor Summit with training and content specifically for HOSA advisors and prospective advisors. Speakers and presenters will help you make the most of the HOSA program, tips on integrating HOSA into the classroom, HOSA's competitive events, best practices, idea sharing and more.

#### Lafayette

July 15-16, 2019

Location: Holiday Inn & Suites, Lafayette North

2218 NW Evangeline Thruway, Lafayette, LA 70501

337-706-8199

#### **Fall Forum**

Region 1: October 24, 2019 ULM Monroe, College of Pharmacy

Region 2: October 18, 2019 NEMSA, Lafayette

Region 3: TBA

### **State Leadership Conference (SLC)**

Registration Fee: TBA

Conference Registration Window: January 28 – February 8, 2019

The pinnacle of Louisiana HOSA is the State Leadership Conference. Students from all over Louisiana come to compete for an opportunity to advance to the International Leadership Conference. Aside from competition, this conference includes many networking opportunities, leadership sessions, and a chance to create lasting friendships among chapter members. *All members must have paid their affiliation fees prior to registering for the conference*.

#### Baton Rouge, Louisiana March 3 – 4, 2020

Crowne Plaza 4728 Constitution Ave., Baton Rouge, LA 70808 225-925-2244

#### International Leadership Conference (ILC)

Registration information will be available at www.hosa.org

The HOSA International Leadership Conference (ILC) is the highlight of the HOSA year. Over 12,000 high school, middle school, and postsecondary/collegiate students, advisors, industry leaders, and alumni gather for several days of HOSA excitement. Most participants at ILC compete in one of HOSA's competitive events, and the top competitors in each event are recognized for their outstanding achievements. In addition to the competitive events, many



students and advisors participate in HOSA International Leadership University, the Education Symposiums, the HOSA Expo, and National Geographic Learning tests.

Houston, Texas June 24 – 27, 2020 Houston Convention Center

### **YEARLY CALENDAR**

Date	Activity	Location/Notes
July 15-16	Louisiana HOSA Chapter Advisor Summit	Lafayette North Holiday Inn
	Registration Deadline	
September 19	Fall Forum Region 3	Registration Packet at
	Registration Due to State Advisor	www.lahosa.org
September	Washington Leadership Academy	DoubleTree Crystal City
21 - 24	Training program for state officers	Alexandria, VA/Washington, D.C.
	Or Chapter Leaders	
September	State Advisor's Management Conference	DoubleTree Crystal City
23 - 26	State Management attends	Alexandria, VA/Washington, D.C.
September 25	State Pin Design Deadline	Submission guidelines available at
	Design entries due to State Advisor	www.lahosa.org
September 25	State T-Shirt Design Deadline	Submission guidelines available at
	Design entries due to State Advisor	www.lahosa.org
September 30	Fall Forum	
September 30	Initial Affiliation Deadline for HOSA 100	Mail member dues payment to:
	Club Recognition	National HOSA
	<ul> <li>Initial Affiliation Application Deadline</li> </ul>	548 Silicon Drive Suite 101
	<ul> <li>Advisor Information &amp; Chapter</li> </ul>	Southlake, TX 76092
	Information to Louisiana HOSA	
October 3	Fall Forum Region 3	LaPlace, LA
October 4	Fall Forum Region 2	Registration Packet at
	Registration due to State Advisor	www.lahosa.org
October 10	Fall Forum Region 1	Registration Packet at
	Registration due to State Advisor	www.lahosa.org
October 18	Fall Forum Region 2	Lafayette, LA
October 24	Fall Forum Region 1	Monroe, LA
November 3 - 9	National HOSA Week!	Celebrated within local chapters and
		local communities
November 8	State Officer Applications available	Application packet available at
		www.lahosa.org
January 17 -	State Leadership Conference	Registration Packet
February 3	Registration Window	will be available at www.lahosa.org
February 3	State Officer Application Due	State Officer Candidate Packet and



		Application will be available at
		www.lahosa.org
February 7	Notify Chapter Advisors of Officer	
	Candidates	
February 26	Final Points deadline for HOSA Cup	Submit to State Advisor
March 1	Final Affiliation Deadline	Affiliation Instructions available at
		www.hosa.org
		Mail payment to:
		National HOSA
		548 Silicon Drive Suite 101
		Southlake, TX 76092
March 3 - 4	State Leadership Conference	Crowne Plaza
	<ul> <li>HOSA's Competitive Events Program</li> <li>State officer Nominating Committee         and election process</li> <li>Health symposiums and leadership         development</li> </ul>	Baton Rouge, LA
March 5	Begin accumulating HOSA Cup points for	Send to State Advisor
IVIGICII 5	the following year	Seria to State Navisor
March TBA	Public Health Leadership Scholars	For more information, visit
171010111271	Application Deadline	www.hosa.org
March 30	National Officer Candidate Applications	National Officer Candidate Packet
	due to Louisiana HOSA	and Application will be available at
		www.lahosa.org
April 3	International Leadership Conference	Form will be emailed to all chapters
'	Intent to Compete Deadline	'
April 15	International Leadership Conference	For more information, contact
•	Competitor Notification by Louisiana HOSA	shirlene.lahosa@gmail.com
April TBD	National HOSA Scholarship Deadline	For more information, visit
	Visit national web site for scholarship	www.hosa.org
	guidelines	
May 10	Registration deadline for ILC	Register online at www.hosa.org
May TBD	State Officer Parent & Advisor Orientation	Louisiana HOSA Conference Call Line
	Conference Call	or Google Hangout
May 29 – June 1	State Officer Planning and Training	Lafayette, LA
	Meeting	Holiday Inn & Suites, Lafayette North
June 24 - 27	International Leadership Conference	Houston, Texas



#### **MEMBERSHIP INFORMATION**

Since 1976 HOSA has grown to over 200,000 members. The 2018 - 2019 membership year was HOSA's  $34^{th}$  year of membership growth! The challenge has been set for 2019 - 2020 to continue the trend and help HOSA reach a record  $35^{th}$  straight year of membership growth.

Affiliate early and achieve HOSA 100 Club Recognition. Louisiana HOSA Chapters are encouraged to affiliate early in the year to achieve HOSA 100 Club recognition. To achieve HOSA 100 Club Recognition, Louisiana HOSA chapters should meet the requirements listed above by **September 30**.

All chapters achieving HOSA 100 Club affiliation status will receive a certificate and be recognized at the LA HOSA State Leadership Conference.

#### **Affiliation Requirements**

To be an officially recognized Louisiana HOSA chapter, the following requirements should be met:

### **Submit Initial Affiliation Application**

Complete application through National HOSA Online Affiliation System Must have 5 members and 1 advisor

### Submit annual payment for National HOSA affiliation fees and Louisiana HOSA fees

**Send payment to:** National HOSA

548 Silicon Drive, Suite 101

Southlake, TX 76092

Note: Chapters may add a chapter fee; this chapter fee does

not get sent to National HOSA

#### **Submit Chapter Profile and Advisor Information**

Submit to Louisiana HOSA State Advisor – shirlene.lahosa@gmail.com



**Before You Begin** Gather all information you will need to enter into the Affiliation System. This includes the following:

- ✓ Chapter Charter Number and Affiliation Password

  This password remains the same each year. If you need to request your user name and password, contact your HOSA State Advisor at <a href="mailto:shirlene.lahosa@gmail.com">shirlene.lahosa@gmail.com</a>
- ✓ Collect the Member Application Form from each student, and their dues
- ✓ Membership List

You will be asked to provide information about each member to include:

- Classification (grade or class in school)
- Organization and title (for professional members)
- Complete mailing address
- o Phone, Fax, and E-mail Address
- Demographics

Note: The Louisiana Membership Application is located at <u>www.lahosa.org</u> under Chapter Management/Affiliation

These applications will be kept by you for your information.

### **Initial Affiliation Application**

The Affiliation Process is online and it is easy!

- 1. Go to the National HOSA web site: www.hosa.org
- 2. Click **Login** in the upper right corner. You will then be asked for your national charter number and password. Enter the information and begin the online affiliation process.



- 3. After successfully logging in, proceed to Chapter Membership and Conference Registration.
- 4. You will reach the main menu Then select Complete the Affiliation Application.

#### **TIP: REVIEW THE ONLINE AFFILATION INSTRUCTIONS**

To access instructions for online affiliation, please click on the first link in the main menu. It is recommended that you review the instructions if you are unfamiliar with the online affiliation system.



#### **Affiliation Fees & Payments**

Once local members are entered into the affiliation system, the chapter is ready to submit payment.

**Fees** The National HOSA affiliation fee is \$10.00 per member. The Louisiana HOSA affiliation fee is \$15.00 per member. Fees total \$25.00 per member. This is the amount that must be submitted for each member. You may add a chapter fee, but that fee will not go to HOSA.

**Submit payment** To make payment, follow these steps:

- 1. Print Invoice. To access the invoice, go to the Main Menu of the National HOSA Affiliation System. Select View and Print an Affiliation Account Statement (PDF) in the main menu.
- 2. Make check payable to National HOSA. Both national affiliation fees and state fees are submitted and paid to National HOSA.

3. Mail payment and copy of invoice to: National HOSA

548 Silicon Drive, Suite 101

Southlake, TX 76092

Note: this is the only payment that will go to National HOSA each year.

#### **Chapter Profile & Advisor Profile**

The final step for Initial Affiliation is to submit a Chapter Profile and Advisor Profile to Louisiana HOSA. These requirements help ensure chapters start their year strong with a leadership team in place and a plan of action for the year. Both the Chapter Profile and Advisor Profile should be submitted to the Louisiana HOSA State Advisor by emailing <a href="mailto:shirlene.lahosa@gmail.com">shirlene.lahosa@gmail.com</a>. Both documents may be found on the state website, <a href="www.lahosa.org">www.lahosa.org</a> under the Chapter Management/Affiliation tab.

**Chapter Officers** Officers serve as the student leaders for the local chapter. These individuals may be elected and/or appointed to serve in a variety of positions (for example: President, Vice President, Secretary, Treasurer, etc.). Additional information about the responsibilities and duties of HOSA chapter officers is available in the National HOSA Handbook: Section C.

To meet this requirement, chapters will submit a contact list (part of the Chapter Profile) for their local officers to the Louisiana HOSA State Advisor Shirlene Bender at shirlene.lahosa@gmail.com. This list will be utilized by the State Officer Team to facilitate communication between the state and local levels.



### **Voting Delegates**

The responsibility of being a voting delegate requires the student to be able to listen to the other members of the chapter when deciding how to vote. Voting delegates will be asked to vote for state officers, and other events that may arise during the year.

### **Student Helpers**

HOSA is a student-led organization. Students must step up and take responsibility for the activities. We request that you choose one or two trustworthy and helpful students to take the paperwork load off of you, and help the chapter remember deadlines, upcoming events, etc. The state advisor will be in contact with them as well as with the Chapter Advisor.

#### **Student Career Interest Form**

The Louisiana Membership Application asks members to list their career interest at this time. Please have your student helper fill out this list and email to the State Advisor Shirlene Bender at <a href="mailto:shirlene.lahosa@gmail.com">shirlene.lahosa@gmail.com</a>. This information is vital when seeking funding for Louisiana HOSA.

**Program of Work (POW)** A Program of Work (POW) is a summary of all activities and projects a chapter plans to carryout throughout the year. It is recommended that every chapter send their Program of Work to the Louisiana HOSA State Advisor by emailing <a href="mailto:shirlene.lahosa@gmail.org">shirlene.lahosa@gmail.org</a>. This lets us know that your chapter has a plan for the year, and is seriously involved in sound HOSA activities in your school and community. See Sample below.





PROGRAM OF WORK [SAMPLE] FOR:	CHAPTER NAME

Description of	Time Frame											
Activities/Projects	SEP	ОСТ	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG
Chapter Unity												<del>                                     </del>
1. i.e. Member Pizza Social	Х				Χ				Χ			
2. i.e. Purchase Chapter Scrubs											Χ	
3.												
College/Career												
1. i.e. Tour of local hospital			Χ									
2.												
3.												
Community Service												
1. i.e. Fundraising event for Ped.				v								
Cancer Foundation				Х								
2.												
3.												
School Service												
1. i.e. Campus clean up						Χ						Χ
2. Teach Handwash @ elem School												
3.												
Public Relations / Marketing												
1. i.e. Create HOSA Brochure	X											
2.												
3.												
Partnerships												
1. i.e. Letters to businesses for		Х										
support		^										
2.												
3.												
Leadership Development												
1. i.e. Fall Forum		Χ										
2.												
<i>3.</i>												
State Leadership Conference												
1. i.e. Order chapter t-shirts					Х							
2. i.e. Chapter Night							Χ					
3. i.e. Outstanding HOSA Chapter	Х	Х	Х	Х	Х	X	Х	Х	Х	Х	X	Х
Scrapbook	^	^	^	_ ^	^	^	^	_ ^	_ ^	^	_ ^	^
4.												
Other												
1.												
2.												



#### **National HOSA Chapter Membership Recognition**

**HOSA 100 Club:** Chapters that submit their paid affiliation fees by **October 15** will be recognized as members of the HOSA 100 Club at the State Leadership Conference and will be listed in the HOSA Spring E-Magazine.

**HOSA 100% Affiliation Club:** Chapters that affiliate 100% of their Health Science students with HOSA will be recognized as a member of the HOSA 100% Affiliation Club and will be listed on the LA HOSA web site.

#### **Louisiana HOSA Membership Recognition**

Deadline: Recognition will be based on paid membership as of February 8

Louisiana HOSA will celebrate the recruitment efforts of chapters during the State Leadership

Conference.

- All chapters increasing their membership over the last year will be recognized.
- The chapters with the most significant achievements in membership growth will receive special recognition on stage at the State Leadership Conference.

#### **Louisiana HOSA Advisor Mentorship Program**

Louisiana HOSA continues to achieve growth through the commitment and support of local chapter advisors. Louisiana HOSA will provide additional support to new advisors through a mentorship program. In addition, experienced advisors will receive special recognition for participating in this program as a mentor.

To sign up for the Advisor Mentorship Program, either as needing a mentor, or as being a mentor, please email the state advisor at <a href="mailto:shirlene.lahosa@gmail.com">shirlene.lahosa@gmail.com</a>.



### Louisiana HOSA CUP Chapter of the Year Winner

Deadline: February 26

The HOSA CUP Chapter of the Year program recognizes the top chapters in the state. Chapters earn points for participating in the many activities offered by Louisiana HOSA in the areas of chapter management, conference attendance and recognition, recruitment, public relations, and participation in state and national projects. Activities will be based on participation and involvement, <u>not</u> size of the chapter. Points will be awarded based on the criteria below. The top three chapters will be recognized at the State Leadership Conference. The top winner will take the Traveling Trophy back to their school for the year!

### **HOSA Cup Points –Short list**

Read attached explanation of each item on this list (subject to change)

Deadline: February 26, 2020

Points will begin to accumulate for the following year the day after the SLC.

Membership

Online Affiliation
New Chapter
Professional Members
Chapter Advisor Information Sheet Submitted
Chapter Profile Submitted
Program of Work Submitted

#### **Chapter Activities**

HOSA Promotion Submitted
Career Awareness Submitted
Community Service
Networking Submitted
Healthcare Partnerships Submitted
Leadership Development Submitted
Health Presentations Submitted
Healthy Lifestyle Submitted
Social Events Submitted

#### **Louisiana HOSA Publication**

Chapter Stories Submitted
Article for National E-News Submitted

**HOSA Week** 





HOSA Week Proclamation Submitted School/Community Service Project Submitted Opportunity in Health Care Submitted Appreciation Project to the Health Care Community Submitted

#### **Fall Forum**

Early Fall Forum registration (two weeks early)
On-Time Fall Forum Registration
Late Fall Forum Registration
Submitting a Chapter Picture
Pin Design Entry
T-Shirt Design Entry
Winning Pin Design
Winning T-Shirt Design
Applying to sing the National Anthem

### State Leadership Conference (SLC)- General

Early SLC Registration
On-time SLC Registration
Late SLC Registration
Chapter Banner/Flag to SLC
Applying to sing the National Anthem
Applying for a State Officer Position

#### State Leadership Conference – Competitive Events

Participates in any Health Science Events
Participates in any Health Professions Events
Participates in any Emergency Preparedness Events
Participates in any Leadership Events
Participates in any Teamwork Events
Earn and apply for the Barbara James Service Award
Enters the Outstanding HOSA Chapter Event (state only event)
Enters & competes in the Healthcare Issues Exam Event
Participates in the National Service Project

1st place winner
2nd place winner
3rd place winner



### **International Leadership Conference**

Submits any Recognition Event Competes in any events other than Recognition Events Attends ILC but does not compete

#### Miscellaneous

Apply for a State Officer Position
Apply for the Public Health Leadership Seminar
Apply for a HOSA scholarship
Apply for LA HOSA Scholarship
Apply to become a National Officer
Apply to be a Public Health Leadership Scholar

#### **One-time Add-Ons**

Any additions or changes to this list will be emailed to all chapters and posted on the LA HOSA website



### STARTING A CHAPTER

Over 1,000 members in 27 chapters across Louisiana have made the decision to join HOSA and become Future Health Professionals! How can you start a HOSA chapter at your school?

**Requirements** To start a HOSA chapter, identify a faculty member to serve as the chapter advisor and recruit at least **five** members interested in pursuing careers in health care.

#### **Affiliation Process**

Get started today! Just follow these steps:

- 1. Contact Louisiana HOSA State Advisor at 337-371-5974 or email <a href="mailto:shirlene.lahosa@gmail.com">shirlene.lahosa@gmail.com</a> and indicate your interest in starting a HOSA chapter!
- 2. Decide which method your program will use to organize one or more HOSA chapters. The options are:
  - a. **Classroom-based chapter.** A HOSA chapter is formed for each health science class of five (5) or more students.
  - b. **Instructor-based chapter.** A chapter is formed by one health science instructor for all students enrolled in his/her classes.
  - c. **School-based chapter.** A single chapter is formed for all students in all classes regardless of the number of teachers.
- 3. Contact local school/college officials (e.g., activity directors, Dean of Student Activities) and inform them about starting a HOSA chapter. There may be additional rules, regulations, or approval processes to fulfill in order to start a HOSA Chapter. This is also a great opportunity to educate school officials about the benefits of HOSA.
- 4. Set up an interest meeting with students. Tell them about the purpose of HOSA and refer them to the websites for more information. Give them an assignment to surf the HOSA website and then suggest ideas.
- 5. At interest meeting, give them the member application including amount of dues (be sure to add chapter dues).
- 6. Complete the Online Chapter Affiliation Application.
- 7. Elect chapter officers and develop a Program of Work.
- 8. Have each students join a committee.
- 9. Set up a school visit by the state advisor or state officers to help guide your chapter into the world of HOSA!



### COMPETITIVE EVENTS PROGRAM

HOSA's Competitive Events Program provides members the opportunity to showcase their skills, knowledge, and leadership abilities in 70 different healthcare-related events and recognition events. The Competitive Events Program recognizes members for their excellence in competition on the state and national level. The top state performers are invited to compete at HOSA's annual International Leadership Conference.

Louisiana has determined approximately 30 of the events that will be offered at the state level.

### **HOSA's Competitive Events Program**

HOSA's competitive events are divided into six categories:

- Emergency Preparedness Events
- Health Professions Events
- Health Science Events
- Leadership Events
- Teamwork Events
- Recognition Events

#### Please Note:

- 1. There are additional National HOSA competitive events not offered in Louisiana.
- 2. Competitive event guidelines are in the HOSA Handbook, Section B at http://www.hosa.org/GRR.

### **How to Prepare for a Competitive Event**

- 1. Connect with HOSA Chapter Advisor and let him/her know about their interest in entering a competitive event at the State Leadership Conference.
- 2. Review the State Competitive Events List found on the state website and select the event that is consistent with your career objective or interest.
- 3. Review the current edition of event guidelines, and specifically concentrate on the "General Rules and Regulations" in preparing for the event.
- 4. Study the detailed guidelines and the judge rating sheet(s) to know the criteria by which competitors are evaluated.
- 5. Practice, practice, and practice the event at the local chapter level before competing at the state conference.
- 6. Talk with other members who participated in this competition previously and gain as much as possible from their experiences.





- 7. Ask the chapter advisor to conduct event simulations in the classroom to allow all members to have an event experience.
- 8. Know all rules and procedures for the event in which they are entering to avoid disqualification or point deductions.
- 9. Enter state competition and carefully review all instructions to event participants.
- 10. Bring a copy of the Competitive Event Guidelines to the competition.
- 11. Enjoy the competition -- the real benefit was realized in the preparation.

EVENT	# IN TEAM	LEVEL	TEST	MUST PRESENT?	SKILL EVENT?
CPR/First Aid	2	S & P/S	SLC (50)		Yes
Life Support Skills	1	S			Yes
Emergency Medical Technician	2	S & P/S	SLC (50)		Yes
Public Health	2-4	S & P/S		Yes	
Biomedical Laboratory Technology	1	S & P/S	SLC (50)		Yes
Medical Assisting	1	S & P/S	SLC (50)		Yes
Medical Innovation	2-4	S & PS		Yes	
Nursing Assisting	1	S & P/S	SLC (50)		Yes
Personal Care	1	S			Yes
Pharmacy Science	1	S & PS	SLC (50)		Yes
Sports Medicine	1	S & P/S	SLC (50)		Yes
Veterinary Science	1	S & P/S	SLC (50)		Yes
Extemporaneous Health Poster	1	S & P/S		Yes	
Extemporaneous Writing	1	S & P/S		Yes	
Interviewing Skills	1	S		Yes	
Job Seeking Skills	1	S & PS		Yes	
Health Career Photography	1	S & P/S		Yes	
Medical Spelling	1	S & P/S	SLC(50)	Yes	
Medical Math	1	S & P/S	SLC (50)		
Knowledge Test: Nutrition	1	S & P/S	SLC (100)		
Knowledge Test: Pharmacology	1	S & P/S	SLC (100)		
Knowledge Test: Pathophysiology	1	S & P/S	Online (100)		
Knowledge Test: Behavioral Health	1	S & P/S	Online (100)		
Medical Terminology	1	S & P/S	Online (100)		
Health Career Display	2	M, S & P/S		Yes	
Forensic Medicine	2	S & P/S	SLC (50)	Yes	
Health Education	2-4	M, S & P/S		Yes	
HOSA Bowl	3-4	S & P/S	SLC (50)	Yes	
Public Service Announcement	3-6	S & P/S		Yes	
Outstanding HOSA Chapter (state only event)	Chapter	M, S & P/S			
Healthcare Issues Exam	1	S & P/S	SLC (50)		
National Service Project	Chapter	M, S & P/S			
Barbara James Service Award	Chapter	M, S & P/S			

All Middle School tests are 35 questions.

Italicized events are only available to students qualified under ADA act.



### **Competitive Event Changes and Updates for 2019-2020**

All changes will be listed at the top of the new Event Guidelines. New Event Guidelines will be rolled out on September 1.

It is important that you read the changes carefully. Many things change from year to year.

### **Event Topics for 2019-2020**

**Researched Persuasive Writing & Speaking:** 

**Big Pharmaceuticals – Creating More Cures or Clients?** 

**Biomedical Debate:** 

**Mandatory Vaccinations Will Eradicate Global Disease** 

**Public Service Announcement:** 

**Stop the Bleed!** 

**Public Health:** 

**Know the Signs: Stop Opioids Before They Stop You!** 

**Prepared Speaking & Speaking Skills:** 

**Towards Tomorrow!** 

### RECOGNITION EVENTS

HOSA's Recognition Events are designed to recognize members and chapters for outstanding work in HOSA and HOSA-related projects. There are six Recognition Events that students are able to choose from, with recognition on both the state and national level.

Although students can only compete in one competitive event at the state and national conference, they can participate in as many recognition events as they wish.

The Recognition Events are:

- Outstanding HOSA Chapter
- Health Care Issues Exam
- National Service Project (HOSA Service Project)



- HOSA Happenings
- Barbara James Service Award
- Outstanding HOSA Achievement This project will be introduced at the start of the year.

A brief overview of each recognition event is below. Complete rules and guidelines, criteria, applications, and verification forms are available on our website at <a href="http://Louisianahosa.org/recognition">http://Louisianahosa.org/recognition</a>.

#### **Healthcare Issues Exam**

*Purpose:* To encourage Health Science and Public Safety students to investigate, analyze and apply their knowledge of current healthcare-related issues.

Description: This event shall be in the form of a 50-item multiple-choice test and one essay question that will be graded only to break a tie. All questions will be written at a level to measure thinking skills. Competitors will have 1 hour to complete the test. Dates for state testing will be from July 1 – November 1. Dates for ILC will be from January 1 – May 15.

### **HOSA Service Project**

*Purpose:* To encourage Health Science and Public Safety students to provide community service through the adoption of goals and implementation of strategies related to the support of a national health care organization.

Description: The HOSA Service Project involves the sponsorship of a national healthcare organization by local HOSA chapters. Local chapters plan service projects to support the selected organization. Chapters document their involvement and submit documentation to their state advisor by the state deadline to be eligible for national recognition.

2018-2020 Service Organization: National Pediatric Cancer Foundation Web Site: <a href="https://nationalpcf.org">https://nationalpcf.org</a>

### **HOSA Happenings**

*Purpose:* This is a multimedia chapter communication event. The goal is to communicate information about the HOSA chapter in a manner that celebrates the chapter members and their achievements, as well as shares health related information with readers.

#### **Barbara James Service Award**

*Purpose:* To encourage Health Science and Public Safety students to become contributing members of their communities by performing community service.

Description: The Barbara James Service Award is in memory of Barbara James, 1982-83 HOSA Inc. Board Chairman. Her leadership skills and contributions to HOSA exemplify the caring and



compassion of HOSA members. This award seeks to recognize individual HOSA members whose commitment to community service is worthy of recognition.

### **Outstanding HOSA Achievement** (submitted by state; all chapters may participate)

*Purpose:* This event is designed to recognize chartered associations for their special achievements, projects, events, and activities that are completed by and unique to individual chartered associations.

Description: Each chartered association is eligible to submit information about one achievement per membership year. Chartered associations will submit a list of all members and chapters who participate in the special achievement. Entries submitted will be reviewed by a panel of judges and those meeting the minimum standards will be recognized at the HOSA International Leadership Conference.



### **INTERNATIONAL LEADERSHIP CONFERENCE (ILC)**

The Annual International Leadership Conference (ILC) brings together thousands of future health professionals from across the country and other territories and countries. This conference features:

- Exciting general sessions
- Educational and social learning activities
- Leadership academies
- Tours to healthcare facilities
- Exhibits presented by professional healthcare associations
- National Competitive Events
- Annual business of the national student organization of HOSA, including the election of national leaders
- Educational symposiums
- Opportunities to meet people from across the United States and other countries & territories
- Fun, excitement, recognition, and opportunities for HOSA members!

### Welcome to Texas!

This year's International Leadership Conference will be held June 24-27, 2020 in Houston, Texas at the Houston Convention Center. For more information, visit ilc.hosa.org.

### **Eligibility**

All members registered by the Louisiana HOSA ILC deadline are eligible to attend ILC.

For competitive events, Louisiana HOSA sends the top three competitors/teams in each event to compete at ILC. If the top three are unable to attend, the State Advisor may ask others to compete. To be eligible to compete, chapters must complete every step in the Registration Process including the Intent to Compete Form and Online Conference Registration. **Each state may only register three people for each event to compete**. Anyone may attend ILC even if not competing.

### **ILC Registration Process**

Each year, Louisiana HOSA will publish an ILC Registration Guide, which serves as your guide in preparation for ILC. Although National HOSA provides registration information and deadlines, it is important to adhere to Louisiana HOSA's process in order to be eligible to attend.



**State Winners List:** Following the State Leadership Conference, Louisiana HOSA publishes the list of winners on the state website. The top three individuals or teams in each event are automatically invited to compete at Internationals. However, if a top 3 competitor decides not to attend ILC, Louisiana HOSA will move up the next competitor. This means that members placing 4<sup>th</sup> or 5<sup>th</sup> etc. may still have the opportunity to compete at nationals.

**Intent to Compete:** All <u>top five</u> winners in all competitive events must submit an Intent to Compete form. This form serves as official notification to Louisiana HOSA regarding a competitor's intent to compete. This important form assists Louisiana HOSA in establishing the final list of competitors and ensures that Louisiana HOSA will be fully represented in all competitive events. Every competitor who received 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup>, or 5<sup>th</sup> place should have an Intent to Compete form completed, even if the competitor(s) will not attend ILC. Any forms not received by the Intent to Compete deadline will be assumed as "No, will not attend" response. *Intent to Compete Deadline: April 3, 2020* 

**ILC Competitor Notification:** All Intent to Compete Forms will be processed and chapters notified with a final ILC Competitor List. This list will be published on the Louisiana HOSA website at <a href="https://www.lahosa.org">www.lahosa.org</a> and/or emailed to all chapters.

ILC Competitor Notification Release Date: April 16, 2019

ILC Online Registration: The Louisiana HOSA ILC Registration Guide will provide the steps to register for conference. Although National HOSA provides registration information and deadlines, it is important to adhere to Louisiana HOSA's process. Chapters are responsible for registering students for events and confirming chapter details. Registration must be completed by the Louisiana HOSA deadline as a validation process takes place immediately after the deadline.



**ILC Registration Payment:** Registration payments should be directed to Louisiana HOSA. Please make checks payable to Louisiana HOSA and mail check to:

Louisiana HOSA PO Box 926 Carencro, LA 70520





#### TIP: IT'S NEVER TOO EARLY!

It's never too early to start planning for the International Leadership Conference! Start planning ahead by saving the dates in the calendar, studying competitive event guidelines, and fundraising.

### STATE OFFICER GOALS AND INITIATIVES

The State Officer Team has developed an ambitious Program of Work to help take Louisiana HOSA to the next frontier. The officers hope all chapters will support them in their efforts.

### Communication

- Increase communication between Northern and Southern chapters through Northern chapter visits, and a brand new Sister Chapter Program
- Network with other State and National officers at the Washington Leadership Academy, communicating with National Officers throughout the year, and participating in activities encouraged by the National Officers and National HOSA.
- Increase communication between State Officers and Chapter Officers through chapter visits, newsletters, and one-on-one interactions.
- Use social media to share videos about competitive events and state officers, and encourage members to utilize social media to connect with Louisiana HOSA.

### Membership

- Middle School: Reach out to potential advisors, visit middle schools, and support new middle school chapters. Encourage the development of having secondary chapters help their local middle school chapters.
- Secondary: Identify potential new chapters, support established chapters, and encourage membership growth in all chapters.
- Post-Secondary: Reach out to potential post-secondary chapters, explore fundraising opportunities, and support established chapters.
- Alumni: Encourage high school seniors to sign up for alumni membership, and promote alumni membership at the State Leadership Conference.



### **Advocacy**

- Seek out partnerships in the community and promote HOSA to industry partners.
- Connect with Elected Officials throughout the year at Washington Leadership Academy and the February Meeting to advocate for HOSA and CTE.
- Market the successes and activities of local chapters to promote how HOSA helps members grow.
- Attend Capitol Day

### **Participation**

- Increase participation at conferences through encouraging members to run for State Office, and encouraging members to compete in events that have fewer members participating in them.
- Identify potential chapters for piloting a family-based system in chapters.
- Promote community service through explaining the hour tracking program, exchanging community service ideas by promoting the Barbara James Service Award.

### **Conferences**

- Plan and host the State Leadership Conference.
- Encourage attendance at conferences through blog articles and promotion on social media.
- Host fundraisers for the National Pediatric Cancer Foundation.
- Present fun and informative workshops at the State Leadership Conference.

The state officers would love to discuss their goals and initiatives further and share how they plan to accomplish each of these.



### STATE PROGRAMS AND OPPORTUNITIES

### **Chapter Visits**

Having a state officer visit a local chapter connects state officers with local members while giving the state officers an opportunity to promote state and national conferences, programs, and initiatives. State officers can discuss a particular event, explain HOSA to a new chapter, and encourage students to get involved. Oftentimes chapters can connect with a state officer's passion, excitement, and commitment to HOSA and use it to foster those same feelings in their chapter. To schedule a visit, email shirlene.lahosa@gmail.com,

#### Louisiana HOSA Website

Get your voice heard! Receive publicity for your chapter's successes! Highlight a member's achievements! The Louisiana HOSA Online newsletter is always looking to promote the outstanding work of the local members, officers, advisors, and chapters. Have an officer or member write an article about a recent chapter activity or member success and email <a href="mailto:shirlene.lahosa@gmail.com">shirlene.lahosa@gmail.com</a> or email the state officers with a story idea and they will follow up and develop a story!

### Louisiana HOSA Social Media

Louisiana HOSA is on Twitter, Facebook, Snapchat, and Instagram where we regularly post quick updates and announcements about events, activities, programs, health related news and announcements, pictures and key accomplishments. Visit us on these sites to follow Louisiana HOSA and stay up to date on what's new and happening with Louisiana's Future Health Professionals!





### **State Pin Design Contest**

Every year Louisiana HOSA creates a state pin used as the State Leadership Conference pin and as the official trading pin for the state during the International Leadership Conference. Members are encouraged to create a pin design that captures Louisiana. Voting will take place at the Fall Forums and the winning pin design will be used as the inspiration for the official trading pin of Louisiana.

The winning design for Louisiana HOSA will be selected by the student participants at the Fall Forum on October 3 (LaPlace); October 18 (Lafayette); and October 24 (Monroe). The criterion for the pin design is listed below:

### Eligibility

This competition is open to all active Louisiana HOSA members in good standing (2018-2019 affiliated/paid student members).

#### Deadline

#### Judging

Preliminary round judges will be individuals from the health care industry. Preliminary judging will choose the top five designs.

#### Voting

The top five designs will be presented at each Fall Forum. All voting delegates will vote on the design during Fall Forum. The Winning Design will be announced on the LA HOSA Website the week following Regions 1, 2, and 3 Fall Forums. (late October)

#### **Materials and Specifications**

All entries to this competition must comply with the following materials and specifications:

- All entries must be in color; the design must use no more than three colors
- Entries may be hand-drawn, painted, colored with markers, crayons or colored pencils and should be on 8 ½" x 11" white unlined paper.
- Computer generated entries are allowed but must follow the size requirements.
- The design may be any shape.



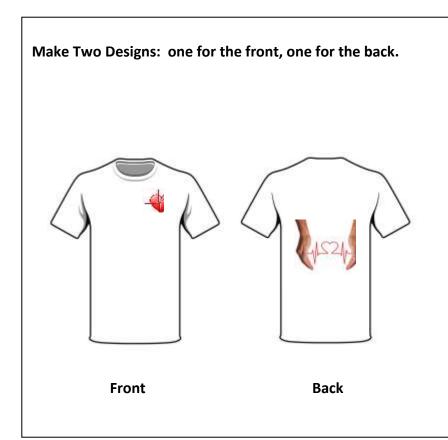
- All entry drawings should be at least 5" wide x 5" tall. The actual pin when produced will be approximately 1" tall by the necessary width (no more than 1.5" x 1.5"). Very small details may not show up on the actual pin.
- Louisiana HOSA reserves the right to use more or less colors during production of the winning pin.
- The design should depict a Louisiana theme.
- This is NOT a team event. One entry per member. No limit to number of entries per chapter.
- All copyright laws must be followed in the creation of the design.
- The words "Louisiana" and "HOSA" should appear on the pin. The words do not need to be next to each other. Please no date on pin.
- The National HOSA emblem or logo **SHOULD NOT** appear on the pin.
- All designs submitted become the property of Louisiana HOSA. Submitting a design for the state pin releases all rights for the winning design to Louisiana HOSA for marketing purposes.
- Students who are unable to attend the Fall Forum may still submit a design for consideration.
- The designer's name, school, and advisor's name should be lightly written in pencil on the back of the design in the bottom left corner, designer must be a HOSA member in good standing.
- The winning school will receive a trophy at the SLC.
- Only one ballot will be given to each participant at the Fall Forum.
- Submitted designs must not include blinkies, glitter, bobbleheads, or other highly advanced features. The management team may suggest adding features when the pin is sent to production and will work with the artist to incorporate if possible.
- Designs must be submitted in a PDF format and be less than 10 MB in size. They must be submitted online by the deadline. **No Late Entries Accepted**

The state officer and management team has the right to not submit any design that does not fulfill the mission of the HOSA student organization or represent Louisiana.



# 2019 – 2020 Louisiana HOSA Theme: "Towards Tomorrow"

### **State T-shirt Design Contest**



### **Eligibility**

This competition is open to all active Louisiana HOSA members in good standing (2019-2020 affiliated/paid members).

### **Judging**

Preliminary round judges will be individuals from the health care industry or non-HOSA members.

#### Voting

The top 5 scoring designs will be presented at the Fall Forum. Voting delegates will vote on the design during the Fall Forum

#### Deadline

Members will submit shirt designs to their State Advisor by deadline of: **September 28, 2019.** State Advisor email:

<u>shirlene.lahosa@gmail.com</u>. No entries via Text or Fax.

All entries to this competition must comply with the following materials and specifications:



### **T-Shirt Design Materials and Specifications**

- You must specify the t-shirt color (solid color, NO WHITE)
- All entries must be in color. The design must use no more than three colors.
- Entries may be hand-drawn, painted, colored with markers, crayons, or colored pencils and should be on 8 ½" x 11" white unlined paper. Computer generated or hand-drawn entries are preferred and but must follow the size requirements.
- All entry drawings should be at least 5" wide x 5" tall.
- Must submit front and back of shirt designs. On the bottom of each sheet, specify "front" or "back."
- Use two separate sheets for design: one for front, one for back.
- The design should depict an aspect of Louisiana. Please don't put a date on shirt design.
- This is NOT a team event. One entry per member. There is no limit to the number of entries per chapter.
- All copyright laws must be followed in the creation of the design.
- All designs submitted become the property of Louisiana HOSA. Submitting a design for the state t-shirt releases all rights for the winning design to Louisiana HOSA for marketing purposes.
- The words "Louisiana" & "HOSA" should appear on the t-shirt. The words do not need to be next to each other.
- The National HOSA emblem or logo or Louisiana HOSA emblem should not be used on the t-shirt.
- All designs submitted become the property of Louisiana HOSA.
- The designer's name, school, and advisor's name must be lightly written in pencil on the **back** of the design in the bottom left corner.
- Students who are unable to attend the Fall Forum may still submit a design for consideration.
- The Winning Design will be announced on the LA HOSA Website the week following Regions 1, 2, and 3 Fall Forums (late October).
- The winning school will receive a trophy.
- The name and school of winning designer will be shown on back of shirt; winner will also receive three additional shirts.
- Designs must be submitted in a PDF format and be less than 10 MB in size. They
  must be submitted online by the deadline. No Late Entries Accepted



# NATIONAL PROGRAMS AND OPPORTUNITIES

### **Public Health Leadership Scholars**



The Public Health Leadership Scholars, hosted by the U.S. Department of Health and Human Services' (HHS) Office of the Assistant Secretary for Preparedness and Response, are available to HOSA-Future Health Professionals members, students, alumni, and advisors, who are interested in learning about public health while interacting with leading professionals within the Office of the Assistant Secretary for Preparedness and Response (ASPR), Office of the U.S. Surgeon General (OSG), and the United States Public Health Service Commissioned Corps (USPHS). For a short period of time, participants experience first-hand the mission of HHS, ASPR, and the OSG, as well as responsibilities carried out by USPHS officers. The next round of seminars will occur in summer of 2020. Visit <a href="https://www.hosa.org">www.hosa.org</a> for more information.

Louisiana HOSA has had one member selected to participate in the last 8 years.

### **Washington Leadership Academy**

The Washington Leadership Academy in Washington, D.C., has been hosted annually by HOSA for State Officers, and Local Chapter Leaders. It is a training experience for future HOSA leaders who are interested in learning more about running for local chapter office, becoming a more effective leader, understanding and valuing people, interacting with others, and serving the organization and others. This action-packed experience provides the highest level of HOSA leadership training available. We encourage local chapter leaders and members who want to strengthen their leadership skills and build their resume to join HOSA in Washington, D.C.



There are also opportunities for local chapter advisors to interact and share valuable ideas with other HOSA advisors.

Louisiana is in the process of finding funding to allow all state officers and one chaperone to attend. Chapters may seek funding as well for chapter leaders to also attend.

The Washington Leadership Academy will be hosted September 21-24, 2019. For more information, visit <a href="https://www.hosa.org">www.hosa.org</a>.



### **HOSA E-Magazine**

The HOSA E-Magazine is the official publication of National HOSA for its members, advisors, partners, and supporters. The E-Magazine includes articles and information on chapter spotlights, alumni success stories, HOSA partners, healthcare related news, HOSA conferences, events and opportunities, and more! Many of the articles are written by individual members and every chapter is encouraged to write and submit an article. The E-Magazine is published three times a year and articles can be sent to <a href="https://hosa.org">hosa@hosa.org</a> at any time for inclusion in the next issue. Visit <a href="https://www.hosa.org">www.hosa.org</a> and select "E-Magazine" on the left menu bar to view the latest E-Magazine!

### **HOSA Service Project**

The National Pediatric Cancer Foundation (NPCF) is the HOSA Service project from 2018-2020. The National Pediatric Cancer Foundation is a nonprofit organization dedicated to funding research to eliminate childhood cancer. Their focus is to fund research to fast-track less toxic, more targeted treatments by partnering with 22 leading hospitals nationwide. The Louisiana HOSA State Officer team will be encouraging members to raise funds throughout the year. Visit their website for more information at <a href="https://nationalpcf.org">https://nationalpcf.org</a>.

The state officer team will be encouraging members to raise funds for NPCF at the Fall Forum. For more information on these events, please contact Louisiana HOSA State President, Najah Nicholas, at <a href="mailto:Najah.lahosa@gmail.com">Najah.lahosa@gmail.com</a>.



### **RUNNING FOR OFFICE**

### Become a Chapter, State, or National Leader of HOSA!

If your dream is to be a future health professional, community leader, or public servant then getting involved in the HOSA Officer Leadership Program is for you! Get started at the local level as a chapter officer or a committee member. Take the extra step to become a state officer or even national officer!

As an officer you'll receive premier training, plan incredible projects, meet with civic and industry leaders, lead service projects, design public relations and communications efforts, and plan leadership conferences. If you enjoy training and traveling, networking and new friends, or

simply want to be recognized as a leader in the world's premier student organization for those pursuing careers in the healthcare industry, then get started today in the HOSA Officer Leadership Program.

The Louisiana HOSA State Officer Program provides tremendous opportunities for students to gain new leadership skills, learn critical thinking, improve their planning and organization skills, become stronger speakers, demonstrate initiative, and much more. In



short, it is a unique and valuable experience that Louisiana HOSA is excited to make available to its members.

### **Interested in Applying for State Office?**

It is never too early to start thinking about running for state office! The first thing every member interested in serving on the state level should do is first gain experience on the local level. Whether this is as a local officer or committee member, get involved!

The State Officer Application for 2020 – 2021 will be available on the state website this fall. The deadline to submit State Officer applications is February 3, 2020. All candidates must be active members of their local chapter and in good standing. Candidates must have a strong commitment to their education and have a 2.5 GPA or higher.





Louisiana HOSA's state officer election process is closely aligned with National HOSA. Candidates give a speech, are interviewed by the nominating committee, and complete a HOSA knowledge test. Local chapter voting delegates will vote to elect the state officer team.

### Is State Office Right for Me?

The opportunities provided to state officers are tremendous. Many state officer alumni count this time as a pivotal experience in their life.

Along with the opportunities and benefits of being an officer comes many important responsibilities. Those interested should carefully consider the decision to run for office and what it requires.

The average state officer spends five to ten hours a week working on their state officer assignments and responsibilities. Prior to state officer meetings, conferences, and HOSA events the amount of time required tends to spike as officers finalize preparations and polish up assignments. It is important to realize that although academics remain the number one priority, officers will not be able to fall behind in their responsibilities as a HOSA officer. Officers are required to participate in the team decision-making process, perform assigned tasks, and attend required conferences and events.

It is important to understand that if elected, officers will be required to attend conferences, officer meetings, and HOSA events throughout the year. Officers are not allowed to leave early, come late, or miss any parts of these events (except in the case of an extreme emergency) without permission. Officers have frequently had to miss out on big games, dances, trips, etc.,

because they conflicted with their state officer responsibilities. The expectation is that state officer responsibilities and commitments will take priority after an officer's academics.

Anyone willing to make this kind of commitment and that has the drive to succeed and the dedication to get the job done should seriously consider running for state office! If unsure, it is recommended members consult with their local advisor and get their opinion and advice. Those who decide to run for office can be assured that holding state office will be one of the most memorable experiences of their life, and one of the most effective career preparation experiences they could ever have while in high school.





### **National Officer Selection Process**

Members wishing to take their HOSA involvement to the highest level can serve on the National Executive Council. National officers are the ambassadors of HOSA and represent the over 244,000 HOSA members. Any Louisiana HOSA member interested in running for national office must first be approved by the State Management Team. The National Officer Candidate applications are due to Louisiana HOSA by March 30, 2020. It is highly recommended that members serve as a State Officer prior to seeking approval to run for National Office.

### **SCHOLARSHIPS**

HOSA's inter-curricular program fosters a culture of learning, discovery, and hard work. HOSA members look to prepare for their futures and many continue their education into the postsecondary/collegiate level. HOSA's scholarship program is designed to support members' pursuit of a higher education and reward outstanding members with scholarships.

Scholarships are provided by sponsors such as:

- Nursing Spectrum
- Kaiser Permanente Healthcare Issues Exam Scholarships
- National Technical Honor Society
- National Consortium on Health Science Education
- Delmar
- Philip R. Patton (HCA Hospital Corporation of America)
- U.S. Public Health Service
- HOSA General Scholarship Fund
- And more!

HOSA has partnered with STEM Premier to provide our members with the opportunity to apply for scholarships. Scholarships are generously provided by HOSA partners. There is one scholarship application for any member interested in applying for a scholarship awarded on the national level. Applications and supplemental documentation <u>must be received by National HOSA no later than March 15, 2020</u>, for consideration.

The Awards Committee will make the final decision on scholarship awards and scholarship recipients will be announced in May. Those receiving scholarships on the national level will be recognized during the general sessions and an awards dinner at the International Leadership Conference.



### **Louisiana HOSA State Scholarships**

Louisiana HOSA provides a scholarship in addition to those offered by National HOSA. Any member of Louisiana HOSA in their senior year is eligible to apply for the \$500 Louisiana HOSA State Scholarship. The application materials for the Louisiana HOSA Scholarships will be available in December on Tallo. These LA HOSA scholarships will be awarded ONLY to Louisiana HOSA members.

### **ALUMNI**

Any supporters of HOSA are encouraged to become Alumni members!

In addition to past HOSA members, all supporters of HOSA are also eligible to participate at the local, regional, and state levels as alumni members. Alumni members have an opportunity to help build and inspire the next generation of HOSA healthcare professionals.

**Alumni members have the privileges** of active members with the exception that they cannot vote, hold office, or compete. Benefits of alumni membership include:

- Strengthening your network through continued involvement
- Having the satisfaction of helping others
- Serving others
- Continuing professional development and leadership opportunities
- Being part of a great organization

### Suggested participation includes:

- Assisting the advisor of your local chapter
- Volunteering to assist in activities at the regional, state, and national level
- Serving as a local chapter mentor
- Judging events
- Serving as a competitive event section leader
- Assisting with Courtesy Corps
- Presenting and assisting with workshops
- Connecting your health care agency to Louisiana HOSA
- Providing testimonials of how HOSA has impacted your life



### **How To Become An Alumni Member:**

- Complimentary alumni membership is available at both the state and national level. It's free!!!
- Go to <a href="http://apps.hosa.org/hosaconf/alumni/register.jsp">http://apps.hosa.org/hosaconf/alumni/register.jsp</a> and apply for Alumni Membership
- Complete the application and submit to National HOSA. That's all you have to do!
- Registration is one time only; you don't have to do it again!

### **CONFERENCE ATTIRE**

### Official Dress Code for ALL General Sessions

This dress code will be followed at the State Leadership Conference and International Leadership conference. Dress code for the Fall Forum will be announced in the Fall Forum Registration Packet.

This policy is for students. Advisors, family members, and guests are not required to wear the HOSA uniform or the black or navy-blue suit with a white shirt to the general sessions. The HOSA, Inc., Board of Directors approved the following dress policy that began at the 2011 NLC in Anaheim, California:

The official dress code for the student members for all general sessions will be either of the following:

- HOSA uniform (see below)
  - OR
- Black or navy-blue suit with a white shirt (the white shirt can be the member's choice)
- Closed-toe blue or black shoes (hose optional)
- Male members MUST wear a tie.
- Female members may choose to wear knee-length skirt or slacks.

Student delegates not adhering to the above dress policy for all general sessions will NOT be admitted.



### **HOSA Uniform Policy**

- Tailored navy blazer with emblem affixed over the heart.
- Shirt/blouse for females—white tailored or short-sleeve white jewel neck shell)
- Shirt for males—white closed-neck, man-tailored dress shirt, suitable for use with a tie
- Accent for female members maroon HOSA scarf or tie is optional but not required
- · Accent for male officers navy or maroon long tie
- Matching navy slacks for males and matching navy slacks or skirts for females
- Closed-toe blue or black shoes (hose optional)

### **Competitive Event Dress Attire**

Delegates must adhere to the Dress Code as specified in the individual competitive event guidelines for the orientation and event in which they are competing. Bonus points will be given according to the individual guidelines. For all competitive events, five (5) bonus points will be added once per competitor and/or team to the tally sheet for appropriate dress. In team

events, all team members must be properly dressed to receive the bonus points. Exceptions are noted in the event guidelines.

### Other Conference Attire

Conference delegate attire should be proper and appropriate since it reflects directly upon the State Association and National HOSA. Conference delegates are strongly encouraged to wear HOSA uniforms or appropriate business attire to all conference activities



(other than the general sessions where the official dress code for general sessions will must be adhered).

Under no circumstances will blue jeans, shorts, or other casual attire be accepted at any Conference function (with the exception of tours, HOSA's dances, and other recreational activities). Delegates dressed in such casual attire will not be permitted to participate in official HOSA conference meetings.



### **Tips for Dress Code Success**

No dress code can cover all contingencies so HOSA members must use a certain amount of judgment in their choice of clothing to wear. HOSA members who experience uncertainty about acceptable HOSA attire should ask their HOSA local or state advisor.

Here are a few more tips to help you understand the HOSA Dress Code:

- <u>No denim</u> clothing or canvas shoes will be acceptable. Denim pants in colors other than blue are not permitted. Blue jean skirts and dresses are NOT acceptable.
- Dressy pants of different lengths that are part of a suit/ensemble may be acceptable but "shorts" are not acceptable.
- Casual tank or tube tops, t-shirts, sweat pants/shirts, or tennis shoes are never acceptable.
- Business-casual attire may include khaki pants and polo tops.
- Clothing should be pressed and never wrinkled. Torn, dirty, or frayed clothing is unacceptable. Any clothing that has words, terms, or pictures that may be offensive to HOSA delegates or guests is unacceptable.
- Open-toed shoes and heeled sandals are permitted, <u>except</u> during general sessions.

### **HOSA BRAND**

During the 2012 HOSA National Leadership Conference, the HOSA, Inc., Board of Directors launched a new brand for HOSA – Future Health Professionals. All chapters are highly encouraged to incorporate the new brand moving forward.

#### **Meaning Behind the New Brand**

Excerpts from the National HOSA Brand Style Guidelines

**Main word in lower case:** The main word is presented in lower case. On the surface, this creates a welcoming, organic look that conveys HOSA's connections to science and technology. But more than that, it is crucial in establishing HOSA as its own word, and not an acronym. When introducing HOSA's identity, Future Health Professionals, it is important to move away from "Health Occupations Students of America." In lowercase, it is much less likely that the H, O, S, and A will stand out as individual letters. When written, it should be HOSA or HOSA – Future Health Professionals.



**HOSA's identity:** The HOSA identity is positioned directly after HOSA so that it completes the natural eye line, making it hard to miss. "Future Health Professionals" is colorized with maroon to empower students and remind employers that HOSA members leave the program ready to join the workforce and/or purse further education.

HOSA should **not** be referred to as "Health Occupations Students of America"

HOSA is no longer an acronym.

HOSA is simply... **HOSA – Future Health Professionals** 



**Presence of the HOSA emblem:** Anchoring the logo is a simplified version of the HOSA emblem. The encircled triangle has long been the emblem of HOSA and is key in retaining familiarity and celebrating the organization's long history. The points on the triangle represent today what they did in 1976: the three aspects of humankind's wellbeing; social, physical, and mental.

Note: New patches with new design are now available. Old patches may be traded for free new patches until the end of December 2019.



Color palette and textures: The accompanying color palette and textures offer support to the logo by positioning HOSA as friendly and fresh. Colors were chosen on what would feel crisp and clean and fit naturally into the health environment. The circles and dots further support the curvy and organic feel of the

logo. Typography is kept lowercase as well, to support the friendly nature of the identity.



**Stationery and Marketing:** The stationery and marketing elements feature these colors and shapes in a variety of ways to create a rich and vibrant system of collateral that stands out – reminding those who see it that HOSA is always moving forward.

### **Using the Brand**

For more information about how to use the new brand, please refer to the National HOSA Brand Style Guidelines. Louisiana HOSA chapters may acquire access to HOSA logos, fonts, and other resources by contacting <a href="mailto:shirlene.lahosa@gmail.com">shirlene.lahosa@gmail.com</a>.

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