

LOCAL CHAPTER ACTIVITY SUGGESTIONS

There are many varied and activities that are appropriate for local HOSA Chapters. These activities may include the following suggestions:

- Plan regular Chapter meetings with programs that include topics related to health careers and health maintenance and care.
- Visit health care facilities and agencies.
- Invite guest speakers to Chapter meetings.
- Prepare educational exhibits.
- Conduct health research surveys.
- Survey health manpower needs.
- Conduct follow-up of HOSA members regarding health related employment.
- Produce audiovisual of health care aspects of your community.
- Recognize “outstanding health team members” in the community.
- Produce a fashion show of health team members.
- Establish a catalogue of health career opportunities.
- Diagram career ladders available in health careers.
- Establish a Health Careers resource library.
- Prepare a health services directory for your community.
- Study health insurance coverage and policies.
- Evaluate health care costs and determine ways to educate the community on helping to decrease health care costs.
- Interview Emergency Room personnel and develop a plan of action regarding emergency care in the home and school.
- Assist in Health Care “Maintenance and Prevention” months.
- Conduct a health careers fair.
- Invite community college and technical schools to visit Chapters.
- Plan special “appreciation day” for health team members. Example: “Physical Therapist Day,” “Dental Assistant Day,” etc.

- Sponsor Special Community Awards: Community health leaders
 - Civic organization leaders/activities
 - Health agencies
 - Medical auxiliary
 - Health team members
 - Volunteer community health workers
- Form Booster Club for parents, advisory committee, administration and employees from school/health facility.
- Construct Fair Exhibits (local/state).
- Conduct Ecology Drive.
- Assist in Voluntary Health Fund Drives.
- Give holiday parties to community health agency groups (Example: flood disaster).
- Conduct HOSA orientation program for civic groups.
- Assist in voting drives.
- Participate in School Bond Drives.
- Solicit community resources such as toys, clothing, food for needy families or groups.
- Support local law enforcement campaigns.
- Sponsor health carnival (include vital signs check booth, dental flossing booth, "Go fishing for health tips" booth, first aid booth, etc.).
- Sponsor Blood Pressure Day.
- Sponsor Blood Mobile, Diabetic Urine Test Clinic, etc.
- Submit news articles in local, state, and national newsletters and community publications.
- Secure "press" coverage for activities.
- Produce Radio/Television programs.
- Sponsor Employer/Employee Banquet.
- Sponsor Parent/Student Banquet.
- Plan a summer camp for needy children.
- Adopt a needy person a month or year and send get well cards, visit, run errands, etc.
- Assist local Health Science Education Advisory Committee.
- Submit news articles to school newspaper.
- Construct HOE/HOSA bulletin boards.
- Utilize school display windows.
- Publish Chapter news bulletin/newsletter.

- Produce assembly program.
- Sponsor safety campaign.
- Sponsor a beautification project.
- Sponsor a “Be Kind to Your Teacher/Chapter Advisor” Day.
- Sponsor first aid booth at athletic functions.
- Sponsor a “Personal Hygiene” Day.
- Produce handouts on the side effects of alcohol and drug abuse.
- Provide information for students to know where to obtain counseling for specific needs.
- Sponsor “Good Nutrition” Week.
- Contact State Legislators and relay your gratitude for their legislative support to Career and Technical Education, Health Care, Health Science Education, and HOSA.
- Remember faculty and school members during hospitalizations, when they have lost loved ones, etc.
- Sponsor School “Good Citizen” Award.
- Organize an Alumni group.
- Invite Chapter from another district to visit your Chapter.
- Assist in campaigns of State Officer candidates from your district/Chapter.
- Sponsor special awards:
 - For Chapter participation
 - Chapter Advisor recognition
 - Door prizes for members
- Conduct and participate in Officer Training Sessions.
- Sponsor a sports tournament.
- Sponsor special holiday socials (Example: Christmas Party).
- Recognize HOSA graduates with special “Honors Day.”
- Plan a picnic, bowling outing, swimming party, etc.
- Conduct leadership characteristics, styles, and management techniques workshops.
- Offer suggestions and input to district and state levels for improvement of HOSA.
- Conduct special Chapter meetings to emphasize HOSA as an integral part of the HSE program.